

Menu Listing with Front of Packet and Allergens

Kim

Menu: Primary SS 2022 Week 1 Tuesday

Contains   
  Does Not Contain   
  May Contain   
  No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and Sulphites

Product Description

(248.86g) contains

Carbohydrate 49.13g	Energy 1551kJ 371kcal	18%	Fat 12g	17%	Saturates 3.3g	16%	Sugars 8.1g	9%	Salt 0.21g	4%
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of an adult's Reference Intake  
 Typical values (as sold) per 100g: Energy 623kJ / 149kcal

(30g) contains

Carbohydrate 11.01g	Energy 413kJ 99kcal	5%	Fat 5.0g	7%	Saturates 2.5g	13%	Sugars 1.0g	1%	Salt 0.24g	4%
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of an adult's Reference Intake  
 Typical values (as sold) per 100g: Energy 1377kJ / 329kcal

(60.33g) contains

Carbohydrate 27.27g	Energy 703kJ 168kcal	8%	Fat 5.8g	8%	Saturates 2.1g	10%	Sugars <0.5g	0%	Salt 0.53g	9%
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of an adult's Reference Intake  
 Typical values (as sold) per 100g: Energy 1165kJ / 278kcal

(50g) contains

Carbohydrate 1.15g	Energy 77kJ 19kcal	1%	Fat <0.5g	1%	Saturates <0.1g	0%	Sugars 0.7g	1%	Salt <0.01g	0%
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of an adult's Reference Intake  
 Typical values (as sold) per 100g: Energy 155kJ / 37kcal

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Contains   
  Does Not Contain   
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  No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

**Product Description**

Mendham's Lemon Drizzle (63.2324g) contains

Carbohydrate 36.82g	Energy 1232kJ 295kcal	15%	Fat 16g	23%	Saturates 5.9g	29%	Sugars 21g	23%	Salt 0.77g	13%
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of an adult's Reference Intake  
 Typical values (as sold) per 100g: Energy 1949kJ / 466kcal

Lemon Drizzle Traybake DF EG GF Vegan (86.86g) contains

Carbohydrate 53.42g	Energy 1298kJ 310kcal	15%	Fat 10g	15%	Saturates 0.9g	5%	Sugars 35g	39%	Salt 0.60g	10%
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of an adult's Reference Intake  
 Typical values (as sold) per 100g: Energy 1495kJ / 357kcal

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