

Menu Listing with Front of Packet and Allergens

Kim

Menu: Primary SS 2022 Week 2 Wednesday

Contains
 Does Not Contain
 May Contain
 * No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(85.5g) contains

Carbohydrate 5.97g	Energy 394kJ 94kcal	5%	Fat 2.7g	4%	Saturates 0.9g	4%	Sugars 5.1g	6%	Salt 1.1g	18%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 461kJ / 110kcal

(37.125g) contains

Carbohydrate 2.63g	Energy 55kJ 13kcal	1%	Fat <0.5g	0%	Saturates <0.1g	0%	Sugars <0.5g	0%	Salt 0.37g	6%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 148kJ / 35kcal

(97.0871g) contains

Carbohydrate 13.55g	Energy 858kJ 205kcal	10%	Fat 15g	21%	Saturates 3.9g	19%	Sugars 4.1g	5%	Salt 0.33g	6%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 884kJ / 211kcal

(88g) contains

Carbohydrate 15.22g	Energy 415kJ 99kcal	5%	Fat 3.4g	5%	Saturates 0.3g	2%	Sugars <0.5g	0%	Salt 0.21g	4%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 472kJ / 113kcal

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Product Description

(50g) contains

Carbohydrate 2.95g	Energy 77kJ 19kcal	1%	Fat <0.5g	0%	Saturates <0.1g	0%	Sugars 2.8g	3%	Salt 0.05g	1%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 155kJ / 37kcal

(38.51g) contains

Carbohydrate 1.5g	Energy 44kJ 10kcal	1%	Fat <0.5g	0%	Saturates <0.1g	0%	Sugars 1.5g	2%	Salt <0.01g	0%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 113kJ / 27kcal

(104.6574g) contains

Carbohydrate 37.3g	Energy 1091kJ 261kcal	13%	Fat 11g	16%	Saturates 6.2g	31%	Sugars 26g	28%	Salt 0.68g	11%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 1043kJ / 249kcal

(57g) contains

Carbohydrate 25.54g	Energy 447kJ 106kcal	5%	Fat <0.5g	0%	Saturates <0.1g	0%	Sugars 25g	27%	Salt 0.04g	1%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 785kJ / 186kcal

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