

Menu Listing with Front of Packet and Allergens

Kim

Menu: Primary SS 2022 Week 2 Monday

Contains
 Does Not Contain
 May Contain
 No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

Traffic Light Pizza (119.98g) contains

Carbohydrate 35.93g	Energy 1146kJ 274kcal	14%	Fat 9.7g	14%	Saturates 5.3g	26%	Sugars 2.3g	3%	Salt 0.46g	8%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 955kJ / 228kcal

Vegetable chilli & Nachos (133.038g) contains

Carbohydrate 31.06g	Energy 978kJ 234kcal	12%	Fat 9.4g	13%	Saturates 0.8g	4%	Sugars 6.4g	7%	Salt 0.60g	10%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 735kJ / 176kcal

Herby Diced Potatoes (124g) contains

Carbohydrate 19.52g	Energy 485kJ 116kcal	6%	Fat 3.2g	5%	Saturates 0.4g	2%	Sugars 0.8g	1%	Salt 0.21g	4%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 391kJ / 94kcal

GF Margarita Pizza (78.1521g) contains

Carbohydrate 24.12g	Energy 727kJ 174kcal	9%	Fat 7.2g	10%	Saturates 4.9g	25%	Sugars 2.6g	3%	Salt 0.84g	14%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 931kJ / 222kcal

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- Peanuts
- Nuts
- Crustaceans
- Molluscs
- Fish
- Eggs
- Milk
- Gluten
- Soya
- Sesame
- Celery
- Mustard
- Lupin
- Sulphur Dioxide and Sulphites

Product Description

Sweetcorn Portion	<p>(49.5g) contains</p> <p>Carbohydrate 11.05g Energy 238kJ / 57kcal 3% Fat 0.6g 1% Saturates <0.1g 0% Sugars 2.3g 2% Salt <0.01g 0%</p>	<p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/></p>
<p>of an adult's Reference Intake Typical values (as sold) per 100g: Energy 482kJ / 115kcal</p>		
Peas -Veg Portion	<p>(50g) contains</p> <p>Carbohydrate 4.4g Energy 159kJ / 38kcal 2% Fat <0.5g 1% Saturates <0.1g 0% Sugars 1.3g 1% Salt <0.01g 0%</p>	<p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/></p>
<p>of an adult's Reference Intake Typical values (as sold) per 100g: Energy 318kJ / 76kcal</p>		
Jam Sponge Pudding	<p>(87.38g) contains</p> <p>Carbohydrate 46.16g Energy 1343kJ / 321kcal 16% Fat 14g 20% Saturates 5.1g 26% Sugars 25g 28% Salt 1.0g 17%</p>	<p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/></p>
<p>of an adult's Reference Intake Typical values (as sold) per 100g: Energy 1536kJ / 367kcal</p>		
GF/Vegan Jam Roly Poly	<p>(67.75g) contains</p> <p>Carbohydrate 26.95g Energy 996kJ / 238kcal 12% Fat 14g 20% Saturates 5.0g 25% Sugars 6.0g 7% Salt 1.0g 17%</p>	<p><input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/></p>
<p>of an adult's Reference Intake Typical values (as sold) per 100g: Energy 1470kJ / 351kcal</p>		

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Product Description

Custard

(54g) contains



of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 299kJ / 72kcal