

Menu Listing with Front of Packet and Allergens

Kim

Menu: Primary SS 2022 Week 2 Friday

Contains
 Does Not Contain
 May Contain
 No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

Crispy Battered Fish Fillet GF (80g) contains

Carbohydrate 17.84g	Energy 733kJ 175kcal	9%	Fat 8.2g	12%	Saturates 0.6g	3%	Sugars <0.5g	0%	Salt 0.52g	9%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 916kJ / 219kcal

Vegan Sausage roll (100g) contains

Carbohydrate 12.05g	Energy 577kJ 138kcal	7%	Fat 8.0g	11%	Saturates 3.3g	16%	Sugars 1.0g	1%	Salt 0.56g	9%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 577kJ / 138kcal

Chips (90g) contains

Carbohydrate 18.9g	Energy 463kJ 111kcal	6%	Fat 2.7g	4%	Saturates 0.4g	2%	Sugars <0.5g	0%	Salt 0.22g	4%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 515kJ / 123kcal

Baked Beans (60g) contains

Carbohydrate 7.7g	Energy 206kJ 49kcal	2%	Fat <0.5g	0%	Saturates <0.1g	0%	Sugars 2.2g	2%	Salt 0.32g	5%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 343kJ / 82kcal

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Product Description

(50g) contains

Carbohydrate 4.4g	Energy 159kJ 38kcal	2%	Fat <0.5g	1%	Saturates <0.1g	0%	Sugars 1.3g	1%	Salt <0.01g	0%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 318kJ / 76kcal

(67.1667g) contains

Carbohydrate 29.39g	Energy 992kJ 237kcal	12%	Fat 11g	16%	Saturates 4.3g	21%	Sugars 24g	26%	Salt 0.41g	7%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 1476kJ / 353kcal

(127.5g) contains

Carbohydrate 18.13g	Energy 305kJ 73kcal	4%	Fat <0.5g	0%	Saturates <0.1g	0%	Sugars 18g	20%	Salt 0.04g	1%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 239kJ / 57kcal

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