

# eats.

## Week 1

### Week One commencing:

26th April 2021, 17th May 2021,  
14th June 2021, 5th July 2021

### Monday

Margherita Pizza  
with Herb Diced Potatoes  
or  
Vegetarian Pasta Bolognaise

Side Salad  
Peas and Sweetcorn

Strawberry Whip  
& Shortbread



### Tuesday

Meatballs in Tomato Sauce  
with Pasta Twists  
or  
Vegetable Frittata & Potato Wedges

Mixed Vegetables

Flapjack and Fruit Wedge



### Thursday

Traditional Roast Beef,  
Yorkshire Pudding and Gravy  
or  
Cheese & Potato Pie

Carrots and Cabbage

Iced Carrot Cake

### Wednesday

Sausage Roll  
& Herb Diced Potato  
or  
Tomato & Vegetable Pasta with Garlic  
slice

Garden Peas & Carrots

Chocolate Crunch  
& Chocolate Sauce



### Friday

Crispy Baked Fish Fillet  
or  
Vegetarian Hot Dog

Oven baked Chips  
Baked Beans  
Garden Peas

Fruity Friday - A choice of  
Fruit Jelly, Fruit Yoghurt  
or Fresh Fruit Salad



#### Available every day -

Homemade fresh (wholegrain) bread, a selection of at least three different kinds of fresh salad, extra fruit, cheese & biscuits, flavoured yogurt, strawberry or orange jelly. Some dishes may vary due to individual school preferences, policies and cultural consideration - a number of sites also offer additional options of a jacket potato with choice of fillings & or packed lunch - see schools website for details

For information on allergens & intolerances visit [www.eats-catering.co.uk](http://www.eats-catering.co.uk)

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## Week 2

### Week Two commencing:

12th April 2021, 3rd May 2021, 24th May 2021,  
21st June 2021, 12th July 2021

### Monday

Southern Style Quorn  
Burger in a Bun  
or  
Vegetarian Sausage Under Wraps

Baked Potato Wedges  
Peas & Sweetcorn

Vanilla Crunch Slice

### Tuesday

Italian Baked Chicken  
or  
Tomato & Cheddar Quiche

Herb Diced Potatoes  
Carrots and Broccoli

Lemon Drizzle Sponge  
& Fruit Wedge

### Thursday

Traditional Roast Chicken  
or  
Cauliflower & Broccoli Bake

Roast Potatoes  
Carrots and Cabbage

Toffee Cream Tart

### Wednesday

Pork Sausages, Mash & Gravy  
or  
Vegetable Bean Burger,  
Mash & Gravy

Sweetcorn & Green Beans

Chocolate Brownie

### Friday

Baked Fish Fingers  
or  
Vegan Nuggets

Oven Baked Chips  
Baked Beans  
Garden Peas

Fruity Friday - A choice of  
Fruit Jelly, Fruit Yoghurt  
or Fresh Fruit Salad

#### Available every day -

Homemade fresh (wholegrain) bread, a selection of at least three different kinds of fresh salad, extra fruit, cheese & biscuits, flavoured yogurt, strawberry or orange jelly. Some dishes may vary due to individual school preferences, policies and cultural consideration - a number of sites also offer additional options of a jacket potato with choice of fillings & or packed lunch - see schools website for details

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## Week 3

**Week Three commencing:**

14th April 2021, 10th May 2021, 7th June 2021,  
28th June 2021, 14th July 2021

### Monday

Neapolitan Pizza  
or  
Sweet Potato  
& Salmon Fishcake

Herb Diced Potatoes  
& Mixed Vegetables

Iced Sponge Cake



### Tuesday

Pork & Apple Burger  
with Potato Wedges  
or  
Vegetable lasagne  
& Garlic Slice

Carrots and Peas

Marbled Cookie  
& Fruit portion



### Thursday

Traditional Roast Pork  
or  
Veggie Toad in the Hole

Roast Potatoes  
Carrots and Cabbage

Raspberry Ripple  
Ice Cream Pot



### Wednesday

Chicken in Gravy with a  
Pastry Top  
& Mashed Potatoes  
or  
Mac n' Cheese

Green Beans and Sweetcorn

Chocolate Rice Krispie Cake



### Friday

Crispy Baked Fish Fillet  
or  
Crunchy Vegetable Fingers

Oven baked Chips  
Baked Beans  
Garden Peas

Fruity Friday - A choice of  
Fruit Jelly, Fruit Yoghurt  
or Fresh Fruit Salad



#### Available every day -

Homemade fresh (wholegrain) bread, a selection of at least three different kinds of fresh salad, extra fruit, cheese & biscuits, flavoured yogurt, strawberry or orange jelly. Some dishes may vary due to individual school preferences, policies and cultural consideration - a number of sites also offer additional options of a jacket potato with choice of fillings & or packed lunch - see schools website for details

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