

Menu Listing with Front of Packet and Allergens

Craig

Menu: September 20 Wk2 Thursday

Contains

Contains
 Does Not Contain
 May Contain
 * No Information

- Peanuts
- Nuts
- Crustaceans
- Molluscs
- Fish
- Eggs
- Milk
- Gluten
- Soya
- Sesame
- Celery
- Mustard
- Lupin
- Sulphur Dioxide and Sulphites

Product Description

Roast Chicken	(57g) contains	<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Carbohydrate 0g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Energy 217kJ 52kcal</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">3%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Fat 0.6g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">1%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Saturates 0.2g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">1%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Sugars <0.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Salt 0.78g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">13%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake		
	Typical values (as sold) per 100g: Energy 381kJ / 91kcal		
Gravy	(42.92g) contains	<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Carbohydrate 2.63g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Energy 55kJ 13kcal</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">1%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Fat <0.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Saturates <0.1g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Sugars <0.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Salt 0.37g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">6%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake		
	Typical values (as sold) per 100g: Energy 128kJ / 31kcal		
Cauliflower & Broccoli Bake	(122.17g) contains	<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Carbohydrate 7.11g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Energy 484kJ 116kcal</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">6%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Fat 7.2g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">10%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Saturates 3.4g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">17%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Sugars 3.2g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">4%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Salt 0.31g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">5%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake		
	Typical values (as sold) per 100g: Energy 396kJ / 95kcal		
Roast Potatoes	(77.5g) contains	<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Carbohydrate 13.43g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Energy 361kJ 86kcal</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">4%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Fat 2.9g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">4%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Saturates 0.3g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">1%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Sugars <0.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Salt 0.19g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">3%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake		
	Typical values (as sold) per 100g: Energy 466kJ / 111kcal		

