

Menu Listing with Front of Packet and Allergens

Craig

Menu: Primary Spring 19 Wk3 Thursday

Contains

Contains
 Does Not Contain
 May Contain
 * No Information

- Peanuts
- Nuts
- Crustaceans
- Molluscs
- Fish
- Eggs
- Milk
- Gluten
- Soya
- Sesame
- Celery
- Mustard
- Lupin
- Sulphur Dioxide and Sulphites

Product Description

Roast Beef	(50g) contains	<div style="display: flex; justify-content: space-between;"> <div>Carbohydrate 0.05g</div> <div>Energy 190kJ 46kcal 2%</div> <div>Fat 1.2g 2%</div> <div>Saturates 0.6g 3%</div> <div>Sugars <0.5g 0%</div> <div>Salt 0.89g 15%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake	Typical values (as sold) per 100g: Energy 381kJ / 91kcal	
Yorkshire Pudding	(20g) contains	<div style="display: flex; justify-content: space-between;"> <div>Carbohydrate 8.01g</div> <div>Energy 228kJ 55kcal 3%</div> <div>Fat 1.7g 2%</div> <div>Saturates 0.1g 1%</div> <div>Sugars <0.5g 1%</div> <div>Salt 0.11g 2%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake	Typical values (as sold) per 100g: Energy 1142kJ / 273kcal	
Gravy	(42.9167g) contains	<div style="display: flex; justify-content: space-between;"> <div>Carbohydrate 2.63g</div> <div>Energy 55kJ 13kcal 1%</div> <div>Fat <0.5g 0%</div> <div>Saturates <0.1g 0%</div> <div>Sugars <0.5g 0%</div> <div>Salt 0.37g 6%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake	Typical values (as sold) per 100g: Energy 128kJ / 31kcal	
Vegetarian Sausage 'Under Wraps'	(90.8333g) contains	<div style="display: flex; justify-content: space-between;"> <div>Carbohydrate 17.67g</div> <div>Energy 768kJ 184kcal 9%</div> <div>Fat 7.2g 10%</div> <div>Saturates 3.3g 17%</div> <div>Sugars 1.3g 1%</div> <div>Salt 0.79g 13%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake	Typical values (as sold) per 100g: Energy 846kJ / 202kcal	

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Product Description

Roast Potatoes	(102.5g) contains of an adult's Reference Intake Typical values (as sold) per 100g: Energy 439kJ / 105kcal	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Broccoli Portion	(50g) contains of an adult's Reference Intake Typical values (as sold) per 100g: Energy 100kJ / 24kcal	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Carrot Portion	(60g) contains of an adult's Reference Intake Typical values (as sold) per 100g: Energy 176kJ / 42kcal	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Raspberry Ripple Ice Cream Pot	(80g) contains of an adult's Reference Intake Typical values (as sold) per 100g: Energy 556kJ / 133kcal	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>