

Menu Listing with Front of Packet and Allergens

Craig

Menu: Primary Spring 19 Wk1 Tuesday

Contains
 Does Not Contain
 May Contain
 * No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(108.75g) contains

Carbohydrate 29.18g	Energy 1448kJ 346kcal	17%	Fat 18g	26%	Saturates 6.7g	33%	Sugars 2.0g	2%	Salt 1.3g	21%
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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 1331kJ / 318kcal

(101.25g) contains

Carbohydrate 33.07g	Energy 1036kJ 248kcal	12%	Fat 7.4g	11%	Saturates 1.4g	7%	Sugars 2.4g	3%	Salt 1.1g	18%
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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 1023kJ / 244kcal

(102.5g) contains

Carbohydrate 17.28g	Energy 397kJ 95kcal	5%	Fat 2.3g	3%	Saturates 0.2g	1%	Sugars 0.6g	1%	Salt 0.02g	0%
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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 387kJ / 93kcal

(62.5g) contains

Carbohydrate 3.23g	Energy 85kJ 20kcal	1%	Fat <0.5g	0%	Saturates <0.1g	0%	Sugars 2.0g	2%	Salt 0.03g	0%
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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 137kJ / 33kcal

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