

Menu Listing with Front of Packet and Allergens

Craig

Menu: Primary Spring Week 3 Thursday

Contains

Contains   
  Does Not Contain   
  May Contain   
 \* No Information

- Peanuts
- Nuts
- Crustaceans
- Molluscs
- Fish
- Eggs
- Milk
- Gluten
- Soya
- Sesame
- Celery
- Mustard
- Lupin
- Sulphur Dioxide and Sulphites

Product Description

Roast Beef	(60g) contains	<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Carbohydrate 0.06g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Energy 228kJ 55kcal</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">3%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Fat 1.4g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">2%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Saturates 0.7g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">3%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Sugars &lt;0.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Salt 1.1g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">18%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake		
	Typical values (as sold) per 100g: Energy 381kJ / 91kcal		
Yorkshire Pudding	(18.35g) contains	<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Carbohydrate 6.96g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Energy 198kJ 47kcal</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">2%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Fat 1.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">2%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Saturates 0.2g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">1%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Sugars &lt;0.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Salt 0.11g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">2%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake		
	Typical values (as sold) per 100g: Energy 1078kJ / 258kcal		
Roast Potatoes	(102.5g) contains	<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Carbohydrate 17.9g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Energy 450kJ 107kcal</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">5%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Fat 3.0g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">4%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Saturates 0.3g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">2%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Sugars &lt;0.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">1%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Salt 0.25g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">4%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake		
	Typical values (as sold) per 100g: Energy 439kJ / 105kcal		
Gravy	(42.92g) contains	<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Carbohydrate 2.63g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Energy 55kJ 13kcal</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">1%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Fat &lt;0.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Saturates &lt;0.1g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Sugars &lt;0.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Salt 0.37g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">6%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake		
	Typical values (as sold) per 100g: Energy 128kJ / 31kcal		

Menu Listing with Front of Packet and Allergens

Craig

Menu: Primary Spring Week 3 Thursday

Contains

Contains   
  Does Not Contain   
  May Contain   
 \* No Information

- Peanuts
- Nuts
- Crustaceans
- Molluscs
- Fish
- Eggs
- Milk
- Gluten
- Soya
- Sesame
- Celery
- Mustard
- Lupin
- Sulphur Dioxide and Sulphites

Product Description

Spring Vegetable & Potato Bake (214.4g) contains

Carbohydrate 21.7g	Energy 914kJ 218kcal	11%	Fat 11g	16%	Saturates 5.6g	28%	Sugars 5.0g	6%	Salt 0.52g	9%
-----------------------	----------------------------	-----	------------	-----	-------------------	-----	----------------	----	---------------	----

- 

of an adult's Reference Intake  
 Typical values (as sold) per 100g: Energy 426kJ / 102kcal

Vanilla Crunch (82.7083g) contains

Carbohydrate 46.52g	Energy 1448kJ 346kcal	17%	Fat 17g	24%	Saturates 6.1g	30%	Sugars 15g	17%	Salt 0.78g	13%
------------------------	-----------------------------	-----	------------	-----	-------------------	-----	---------------	-----	---------------	-----

- 

of an adult's Reference Intake  
 Typical values (as sold) per 100g: Energy 1751kJ / 418kcal

Custard (90.4167g) contains

Carbohydrate 10.78g	Energy 269kJ 64kcal	3%	Fat 1.3g	2%	Saturates 0.9g	5%	Sugars 6.6g	7%	Salt 0.11g	2%
------------------------	---------------------------	----	-------------	----	-------------------	----	----------------	----	---------------	----

- 

of an adult's Reference Intake  
 Typical values (as sold) per 100g: Energy 297kJ / 71kcal