

Menu Listing with Front of Packet and Allergens

Craig

Menu: Primary Spring Week 3 Wednesday

Contains
 Does Not Contain
 May Contain
 * No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

Ham, Leek and Sweetcorn Tagliatelle (165.78g) contains

Carbohydrate 45.09g	Energy 1649kJ 388kcal	20%	Fat 8.5g	12%	Saturates 2.7g	14%	Sugars 4.6g	5%	Salt 1.8g	30%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 995kJ / 234kcal

Macaroni Cheese & Butternut Squash Bake (259.4614g) contains

Carbohydrate 61.33g	Energy 3029kJ 724kcal	36%	Fat 23g	33%	Saturates 12g	62%	Sugars 8.7g	10%	Salt 0.88g	15%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 1167kJ / 279kcal

Garlic Bread (29.5042g) contains

Carbohydrate 14.75g	Energy 409kJ 98kcal	5%	Fat 1.1g	2%	Saturates 0.4g	2%	Sugars <0.5g	0%	Salt <0.01g	0%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 1387kJ / 332kcal

Lemon & Mandarin Cheesecake (151.05g) contains

Carbohydrate 39.85g	Energy 1821kJ 435kcal	22%	Fat 12g	17%	Saturates 7.1g	36%	Sugars 29g	32%	Salt 0.69g	12%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 1205kJ / 288kcal