

Menu Listing with Front of Packet and Allergens

Craig

Menu: Primary Spring Week 2 Tuesday

Contains
 Does Not Contain
 May Contain
 * No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(231.4667g) contains

Carbohydrate 38.6g	Energy 2372kJ 567kcal	28%	Fat 13g	18%	Saturates 5.1g	25%	Sugars 6.6g	7%	Salt 0.63g	10%
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Chicken and Sweetcorn Wholemeal Pasta

of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 1025kJ / 245kcal

(191.51g) contains

Carbohydrate 43.31g	Energy 1515kJ 362kcal	18%	Fat 12g	18%	Saturates 7.3g	36%	Sugars 4.2g	5%	Salt 0.99g	16%
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Quorn, Tomato & Vegetable Spaghetti

of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 791kJ / 189kcal

(96.2g) contains

Carbohydrate 46.9g	Energy 2021kJ 483kcal	24%	Fat 8.6g	12%	Saturates 3.2g	16%	Sugars 16g	18%	Salt 0.09g	2%
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Iced Swiss Bun

of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 2101kJ / 502kcal