

Menu Listing with Front of Packet and Allergens

Craig

Menu: Primary Autumn Week 2 Thursday

Contains

Contains   
  Does Not Contain   
  May Contain   
 \* No Information

- Peanuts
- Nuts
- Crustaceans
- Molluscs
- Fish
- Eggs
- Milk
- Gluten
- Soya
- Sesame
- Celery
- Mustard
- Lupin
- Sulphur Dioxide and Sulphites

Product Description

Roast Beef	(60g) contains	<div style="display: flex; justify-content: space-between;"> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Carbohydrate 0.06g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Energy 228kJ 55kcal</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">3%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Fat 1.4g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">2%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Saturates 0.7g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">3%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Sugars &lt;0.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Salt 1.1g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">18%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake		
	Typical values (as sold) per 100g: Energy 381kJ / 91kcal		
Yorkshire Pudding	(18.3473g) contains	<div style="display: flex; justify-content: space-between;"> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Carbohydrate 6.96g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Energy 198kJ 47kcal</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">2%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Fat 1.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">2%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Saturates 0.2g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">1%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Sugars &lt;0.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Salt 0.11g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">2%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake		
	Typical values (as sold) per 100g: Energy 1078kJ / 258kcal		
Roast potatoes	(102.5g) contains	<div style="display: flex; justify-content: space-between;"> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Carbohydrate 17.9g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Energy 450kJ 107kcal</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">5%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Fat 3.0g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">4%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Saturates 0.3g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">2%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Sugars &lt;0.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">1%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Salt 0.25g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">4%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake		
	Typical values (as sold) per 100g: Energy 439kJ / 105kcal		
Gravy	(22.9167g) contains	<div style="display: flex; justify-content: space-between;"> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Carbohydrate 1.46g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Energy 31kJ 7kcal</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Fat &lt;0.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Saturates &lt;0.1g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Sugars &lt;0.5g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">0%</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">Salt 0.21g</div> <div style="border: 1px solid black; border-radius: 10px; padding: 2px;">4%</div> </div>	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
	of an adult's Reference Intake		
	Typical values (as sold) per 100g: Energy 133kJ / 32kcal		

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- Celery
- Mustard
- Lupin
- Sulphur Dioxide and Sulphites

Product Description

Quorn Sausage 'under Wraps' roast Potatoes & gravy (90.83g) contains

Carbohydrate 17.66g	Energy 840kJ 201kcal	10%	Fat 7.2g	10%	Saturates 3.3g	17%	Sugars 1.3g	1%	Salt 0.75g	12%
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of an adult's Reference Intake  
Typical values (as sold) per 100g: Energy 925kJ / 221kcal

Oaty Fruit Crunch (53.75g) contains

Carbohydrate 24.47g	Energy 1404kJ 336kcal	17%	Fat 7.0g	10%	Saturates 2.4g	12%	Sugars 9.3g	10%	Salt 0.03g	0%
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of an adult's Reference Intake  
Typical values (as sold) per 100g: Energy 2612kJ / 624kcal

Custard (50.4167g) contains

Carbohydrate 5.64g	Energy 144kJ 34kcal	2%	Fat 0.7g	1%	Saturates 0.5g	3%	Sugars 3.6g	4%	Salt 0.06g	1%
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of an adult's Reference Intake  
Typical values (as sold) per 100g: Energy 286kJ / 68kcal

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