

Menu Listing with Front of Packet and Allergens

Craig

Menu: Primary Spring week1 Tuesday

Contains
 Does Not Contain
 May Contain
 * No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(184.55g) contains

Carbohydrate 49.86g	Energy 1682kJ 402kcal	20%	Fat 14g	19%	Saturates 1.9g	10%	Sugars 18g	20%	Salt 4.4g	74%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 912kJ / 218kcal

(175.03g) contains

Carbohydrate 35.74g	Energy 1410kJ 337kcal	17%	Fat 14g	19%	Saturates 8.5g	42%	Sugars 4.8g	5%	Salt 1.3g	22%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 806kJ / 193kcal

(101.2g) contains

Carbohydrate 16.22g	Energy 330kJ 79kcal	4%	Fat 0.7g	1%	Saturates 0.2g	1%	Sugars 0.6g	1%	Salt 0.18g	3%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 327kJ / 78kcal

(84g) contains

Carbohydrate 20.58g	Energy 567kJ 136kcal	7%	Fat 4.4g	6%	Saturates 3.6g	18%	Sugars 10g	12%	Salt 0.33g	6%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 675kJ / 161kcal