

Menu Listing with Front of Packet and Allergens

Craig

Menu: Primary Spring Week 1 Thursday

Contains

Contains
 Does Not Contain
 May Contain
 * No Information

- Peanuts
- Nuts
- Crustaceans
- Molluscs
- Fish
- Eggs
- Milk
- Gluten
- Soya
- Sesame
- Celery
- Mustard
- Lupin
- Sulphur Dioxide and Sulphites

Product Description

<p>Honey Roast Gammon</p> <p>(101.25g) contains</p> <table border="1"> <tr> <td>Carbohydrate 1.02g</td> <td>Energy 1005kJ 240kcal</td> <td>12%</td> <td>Fat 18g</td> <td>26%</td> <td>Saturates 7.1g</td> <td>36%</td> <td>Sugars 1.0g</td> <td>1%</td> <td>Salt 3.5g</td> <td>59%</td> </tr> </table> <p>of an adult's Reference Intake</p> <p>Typical values (as sold) per 100g: Energy 992kJ / 237kcal</p>	Carbohydrate 1.02g	Energy 1005kJ 240kcal	12%	Fat 18g	26%	Saturates 7.1g	36%	Sugars 1.0g	1%	Salt 3.5g	59%	<p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p>
Carbohydrate 1.02g	Energy 1005kJ 240kcal	12%	Fat 18g	26%	Saturates 7.1g	36%	Sugars 1.0g	1%	Salt 3.5g	59%		
<p>Roast Potatoes</p> <p>(123g) contains</p> <table border="1"> <tr> <td>Carbohydrate 21.48g</td> <td>Energy 540kJ 129kcal</td> <td>6%</td> <td>Fat 3.6g</td> <td>5%</td> <td>Saturates 0.4g</td> <td>2%</td> <td>Sugars 0.6g</td> <td>1%</td> <td>Salt 0.30g</td> <td>5%</td> </tr> </table> <p>of an adult's Reference Intake</p> <p>Typical values (as sold) per 100g: Energy 439kJ / 105kcal</p>	Carbohydrate 21.48g	Energy 540kJ 129kcal	6%	Fat 3.6g	5%	Saturates 0.4g	2%	Sugars 0.6g	1%	Salt 0.30g	5%	<p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p>
Carbohydrate 21.48g	Energy 540kJ 129kcal	6%	Fat 3.6g	5%	Saturates 0.4g	2%	Sugars 0.6g	1%	Salt 0.30g	5%		
<p>Gravy</p> <p>(27g) contains</p> <table border="1"> <tr> <td>Carbohydrate 1.4g</td> <td>Energy 29kJ 7kcal</td> <td>0%</td> <td>Fat <0.5g</td> <td>0%</td> <td>Saturates <0.1g</td> <td>0%</td> <td>Sugars <0.5g</td> <td>0%</td> <td>Salt 0.20g</td> <td>3%</td> </tr> </table> <p>of an adult's Reference Intake</p> <p>Typical values (as sold) per 100g: Energy 108kJ / 26kcal</p>	Carbohydrate 1.4g	Energy 29kJ 7kcal	0%	Fat <0.5g	0%	Saturates <0.1g	0%	Sugars <0.5g	0%	Salt 0.20g	3%	<p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p>
Carbohydrate 1.4g	Energy 29kJ 7kcal	0%	Fat <0.5g	0%	Saturates <0.1g	0%	Sugars <0.5g	0%	Salt 0.20g	3%		
<p>Quorn roast</p> <p>(56.75g) contains</p> <table border="1"> <tr> <td>Carbohydrate 2.27g</td> <td>Energy 204kJ 49kcal</td> <td>2%</td> <td>Fat 0.9g</td> <td>1%</td> <td>Saturates 0.3g</td> <td>1%</td> <td>Sugars <0.5g</td> <td>0%</td> <td>Salt 0.45g</td> <td>8%</td> </tr> </table> <p>of an adult's Reference Intake</p> <p>Typical values (as sold) per 100g: Energy 360kJ / 86kcal</p>	Carbohydrate 2.27g	Energy 204kJ 49kcal	2%	Fat 0.9g	1%	Saturates 0.3g	1%	Sugars <0.5g	0%	Salt 0.45g	8%	<p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input checked="" type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p> <p><input type="radio"/></p>
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												Sulphur Dioxide and

Product Description

Yummy Lolly Apple & Raspberry

