

Menu Listing with Front of Packet and Allergens

Craig

Menu: Primary Spring Week 1 onday

Contains
 Does Not Contain
 May Contain
 * No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(135.72g) contains

Carbohydrate 37.97g	Energy 1921kJ 498kcal	23%	Fat 24g	34%	Saturates 7.8g	39%	Sugars 2.9g	3%	Salt 1.8g	30%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 1416kJ / 367kcal

(158.4388g) contains

Carbohydrate 53.43g	Energy 1320kJ 315kcal	16%	Fat 6.2g	9%	Saturates 0.8g	4%	Sugars 7.0g	8%	Salt 1.9g	31%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 833kJ / 199kcal

(64.06g) contains

Carbohydrate 26.62g	Energy 832kJ 199kcal	10%	Fat 9.3g	13%	Saturates 0.9g	5%	Sugars 17g	19%	Salt 0.19g	3%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 1299kJ / 310kcal