

Menu Listing with Front of Packet and Allergens

Craig

Menu: Primary Spring Week2 Wednesday

Contains   
  Does Not Contain   
  May Contain   
  No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(231.522g) contains

Carbohydrate 21.47g	Energy 936kJ 224kcal	11%	Fat 9.5g	14%	Saturates 4.8g	24%	Sugars 2.1g	2%	Salt 0.36g	6%
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of an adult's Reference Intake  
Typical values (as sold) per 100g: Energy 404kJ / 97kcal

(235.31g) contains

Carbohydrate 34.79g	Energy 891kJ 215kcal	11%	Fat 3.8g	5%	Saturates 2.3g	11%	Sugars 5.8g	6%	Salt 1.1g	18%
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of an adult's Reference Intake  
Typical values (as sold) per 100g: Energy 379kJ / 91kcal

(161.4583g) contains

Carbohydrate 41.76g	Energy 2193kJ 518kcal	26%	Fat 10g	15%	Saturates 4.0g	20%	Sugars 20g	23%	Salt 0.66g	11%
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of an adult's Reference Intake  
Typical values (as sold) per 100g: Energy 1358kJ / 321kcal