

Menu Listing with Front of Packet and Allergens

Craig

Menu: Primary Autumn Week 2 Monday

Contains
 Does Not Contain
 May Contain
 No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(167.9333g) contains

Carbohydrate 41.42g	Energy 1148kJ 274kcal	14%	Fat 6.8g	10%	Saturates 1.8g	9%	Sugars 5.2g	6%	Salt 0.52g	9%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 684kJ / 163kcal

(215.3333g) contains

Carbohydrate 24.94g	Energy 1820kJ 435kcal	22%	Fat 14g	21%	Saturates 5.8g	29%	Sugars 8.0g	9%	Salt 0.49g	8%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 845kJ / 202kcal

(167.7067g) contains

Carbohydrate 59.05g	Energy 1363kJ 326kcal	16%	Fat 8.1g	12%	Saturates 3.3g	16%	Sugars 25g	28%	Salt 0.62g	10%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 813kJ / 194kcal

(50.4167g) contains

Carbohydrate 5.64g	Energy 144kJ 34kcal	2%	Fat 0.7g	1%	Saturates 0.5g	3%	Sugars 3.6g	4%	Salt 0.06g	1%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 286kJ / 68kcal