

Menu Listing with Front of Packet and Allergens

Craig

Menu: Primary Autumn Week 1 Wednesday

Contains

Contains   
  Does Not Contain   
  May Contain   
 \* No Information

- Peanuts
- Nuts
- Crustaceans
- Molluscs
- Fish
- Eggs
- Milk
- Gluten
- Soya
- Sesame
- Celery
- Mustard
- Lupin
- Sulphur Dioxide and

Product Description

(128.63g) contains

Carbohydrate 40.62g	Energy 1719kJ 411kcal	20%	Fat 15g	21%	Saturates 8.7g	44%	Sugars 1.0g	1%	Salt 0.71g	12%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 1337kJ / 319kcal

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(102.5g) contains

Carbohydrate 16.27g	Energy 373kJ 89kcal	4%	Fat 1.8g	3%	Saturates 0.2g	1%	Sugars 0.6g	1%	Salt 0.18g	3%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 364kJ / 87kcal

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(269.72g) contains

Carbohydrate 46.98g	Energy 911kJ 218kcal	11%	Fat 0.9g	1%	Saturates 0.2g	1%	Sugars 4.6g	5%	Salt 0.45g	8%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 338kJ / 81kcal

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(95.6667g) contains

Carbohydrate 30.22g	Energy 1376kJ 329kcal	16%	Fat 6.1g	9%	Saturates 2.3g	12%	Sugars 9.1g	10%	Salt 0.47g	8%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 1438kJ / 344kcal

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