

Menu Listing with Front of Packet and Allergens

Craig

Menu: Primary Autumn Week 1 Friday

Contains
 Does Not Contain
 May Contain
 No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

Crispy Baked Fish Fillet in Batter (60g) contains

Carbohydrate 8.82g	Energy 502kJ 120kcal	6%	Fat 6.6g	9%	Saturates 0.5g	2%	Sugars <0.5g	0%	Salt 0.30g	5%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 837kJ / 200kcal

Chips (100g) contains

Carbohydrate 21.1g	Energy 552kJ 132kcal	7%	Fat 3.8g	5%	Saturates 0.4g	2%	Sugars <0.5g	0%	Salt 0.56g	9%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 552kJ / 132kcal

Cheddar Cheese & Tomato Whirl (112.5g) contains

Carbohydrate 32.75g	Energy 1380kJ 330kcal	16%	Fat 12g	16%	Saturates 6.7g	34%	Sugars 3.1g	3%	Salt 0.61g	10%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 1226kJ / 293kcal

Chocolate Crunch (65.2g) contains

Carbohydrate 35.35g	Energy 2423kJ 579kcal	29%	Fat 12g	18%	Saturates 4.5g	23%	Sugars 9.3g	10%	Salt 0.22g	4%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 3716kJ / 888kcal

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Product Description

Chocolate Sauce

(121.75g) contains



of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 319kJ / 76kcal