

Menu Listing with Front of Packet and Allergens

Craig

Menu: Primary Autumn Week 1 Monday

Contains   
  Does Not Contain   
  May Contain   
  No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(175.4388g) contains

Carbohydrate 43.77g	Energy 1123kJ 268kcal	13%	Fat 2.2g	3%	Saturates 0.4g	2%	Sugars 4.0g	4%	Salt 1.6g	26%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 640kJ / 153kcal

(158.4388g) contains

Carbohydrate 52.83g	Energy 1345kJ 321kcal	16%	Fat 6.5g	9%	Saturates 0.8g	4%	Sugars 6.9g	8%	Salt 1.9g	32%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 849kJ / 203kcal

(92.55g) contains

Carbohydrate 49.58g	Energy 3263kJ 780kcal	39%	Fat 20g	28%	Saturates 8.3g	42%	Sugars 29g	32%	Salt 0.23g	4%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 3526kJ / 843kcal

(50.4167g) contains

Carbohydrate 5.64g	Energy 144kJ 34kcal	2%	Fat 0.7g	1%	Saturates 0.5g	3%	Sugars 3.6g	4%	Salt 0.06g	1%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 286kJ / 68kcal